PPE Removal Checklist Using Respirator (N95 or equivalent)

• **In the patient room, have hand sanitizer, waste container.** • **Use this poster to provide a guide to doffing** • **If available, have observer watch you perform doffing using checklist.**	
1. **Sanitize gloves. Remove gloves with glove in glove technique as such: Using a gloved hand, grasp palm of other glove and peel off slowly. Hold removed glove in the gloved hand. Slide a finger under the glove and peel off second over first glove. Discard in waste container.**	
2. **STANDARD TIE GOWN:** **Sanitize hands. Unfasten gown ties, taking care that sleeves do not contact your body when reaching for ties.** **Pull hands into sleeves without touching the outside. Grasp hands onto inner sleeves to protect your hands.** **With protected hands reach up and remove the gown from the shoulders while rolling the sleeves inside out.** **Roll gown inward slowly so that the dirty sides are contained and roll into a ball. Discard in waste container. Discard soiled gown into hamper if needs to be laundered or if disposable then discard in waste container.**	
3 ARM GOWN: **Pull clean hands into sleeves. Next, you will remove the gown.** **Start by rolling the shoulder. Reach up and remove the non-dominate shoulder of the gown, not touching the inside of the gown or under the hood.** **Reach your other arm around your back and grab for the sleeve only. DO NOT touch your bare hand. Your sleeve will be inverted with clean surface outward.** **Using your dominate hand, pull the gown around to the front and grab the inside of the gown with non-dominate hand.** **Roll gown inward slowly so that the dirty sides are contained and roll the gown into a ball. Discard soiled gown into hamper if it needs to be laundered, or discard into waste container if disposable.**	
3. **Sanitize hands. Step out of room.**	
4. **Sanitize hands. Reach behind head and grasp strap of the eye protection. While leaning slightly forward gently pull the eye protection off (do not touch the front of the eye protection) and follow reuse procedure.**	
5. **Sanitize hands.** **DO NOT TOUCH THE FRONT OF THE RESPIRATOR AS IT IS CONTAMINATED.** **Reach behind the head, grasp the bottom elastic strap of the respirator and gently remove over the head without touching the front of the mask. While leaning slightly forward, grasp the top strap and remove the strap over the head and away from the face and follow reuse guidelines. Perform hand hygiene with soap and water.**	